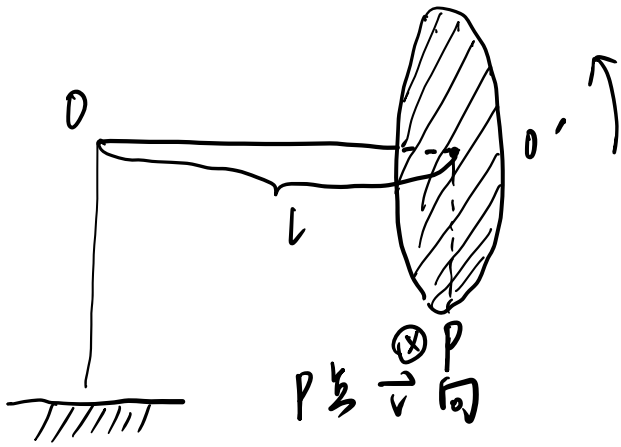


1' d3 ai ro s k up 1

圆盘垂直于纸面



$$\tau = mgl$$

⊗ 重力矩

$$\vec{F} = m\vec{g} \downarrow$$

如果圆盘 without spinning

将因为重力矩顺时针旋转往下掉

如果圆盘以 OO' 为轴逆时针旋转，

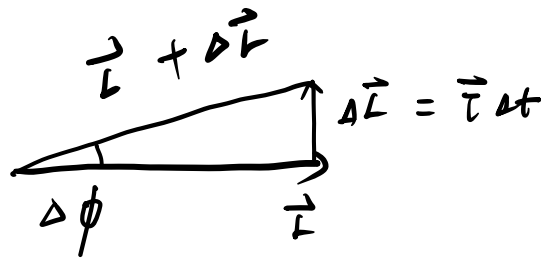
$$\vec{\omega} \parallel \vec{OO'}$$

$$\vec{L} = I\vec{\omega} \text{ 同样指向}$$

$$\tau \Delta t = \Delta L$$



如果将 \vec{L} 翻到平面的垂直方向，则有



rotating

不会掉下来

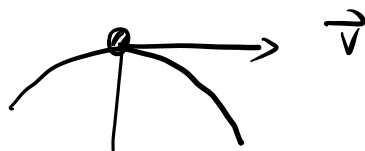
$$\Delta L = L \Delta \phi$$

$$\tau = \frac{\Delta L}{\Delta t} = L \frac{\Delta \phi}{\Delta t} = L \omega_p$$

$$\omega_p = \tau / L = \frac{mgL}{I\omega}$$

ω : 长圆盘沿 $\theta\theta'$ 的 spinning

ω_p : 圆盘沿 \otimes 方向的进动



没有 \vec{v} 重力
直接掉下来,

有 \vec{v} 将开始转

$$\text{如果 } mg = \frac{mv^2}{r}$$

v 的大小将不变

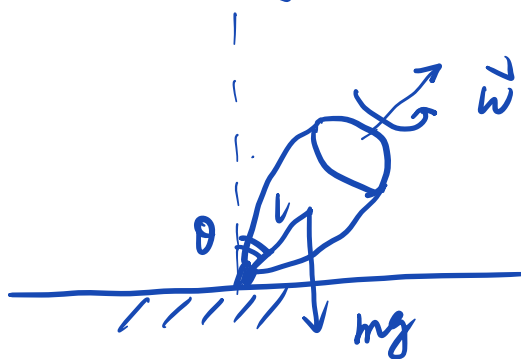
look back to the eqn.

$$\omega_p = \frac{mgL}{I\omega}$$

$$\omega_p \omega = \frac{mgL}{I} = \text{const}$$

refer to 陀螺. (Gyroscope)

precession of a rotating top



垂直方向

L_{\perp} 并非改变

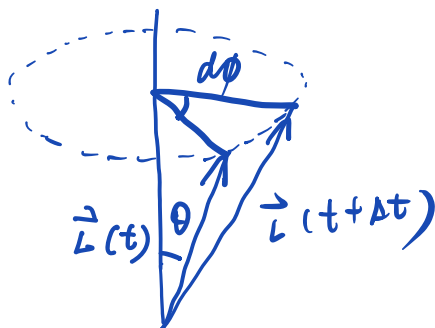
θ is fixed

$$|d\vec{L}| = L \sin\theta d\phi$$

$$= L \sin\theta \omega_p dt$$

$$\left| \frac{d\vec{L}}{dt} \right| = L \omega_p \sin\theta$$

$$L = I\omega$$



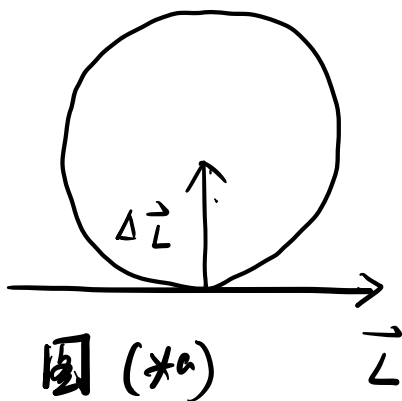
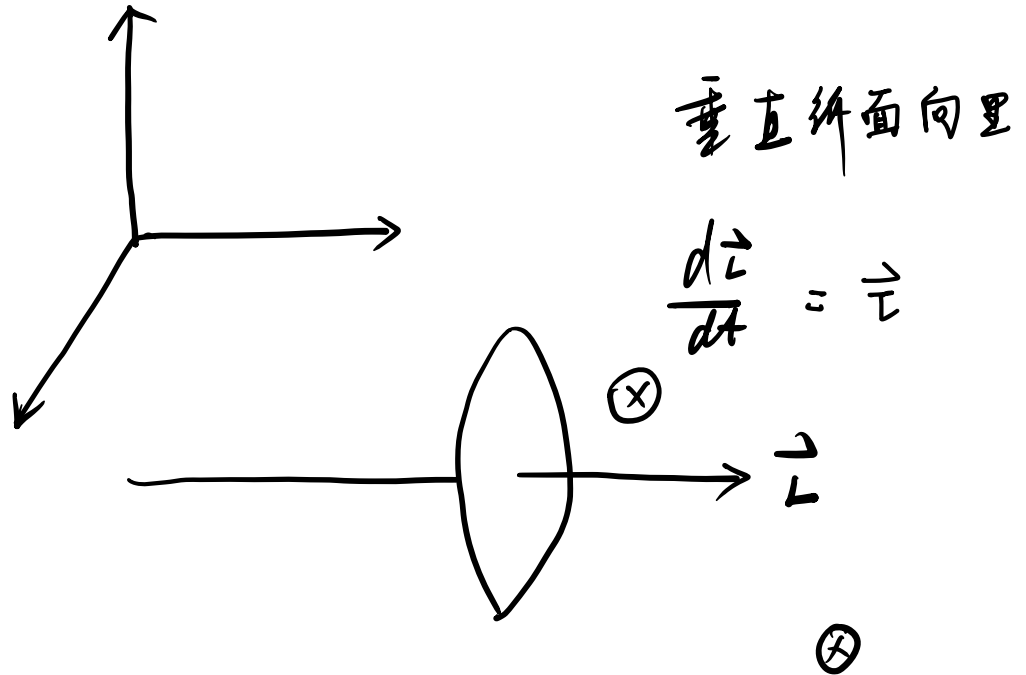
$$\omega_p \omega = \text{const}$$

陀螺倒下前 $\omega_p \uparrow$
 $\omega \downarrow$

$$\vec{\tau} = \frac{d\vec{L}}{dt} = mgL \sin\theta$$

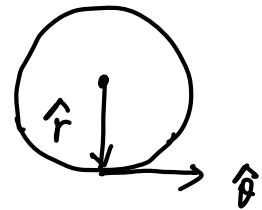
$$\omega_p = \frac{mgL}{I\omega} \text{ 与 } \theta \text{ 无关}$$

比较思考



垂直于纸板平面转到
平面来

(全 = 全)



类比圆周运动

$$\vec{F} = \frac{d\vec{p}}{dt} = p \frac{d\hat{p}}{dt} = p \frac{d\hat{e}}{dt} = -p\omega \hat{e} \quad \text{比较匀速圆周运动}$$

$$\vec{L} = \frac{d\vec{L}}{dt} = \frac{d(L\hat{e})}{dt} \quad \hat{e} = \hat{e} = \hat{e}$$

$$= \frac{dL}{dt} \hat{e} + L \frac{d\hat{e}}{dt} \quad (\text{切向})$$

$$= \frac{dL}{dt} \hat{e} - L \frac{d\theta}{dt} \hat{e} \quad \hat{e} = \hat{e} \quad (\text{here})$$

$$(\text{图} * a) \quad = \frac{dL}{dt} \hat{e} - L\omega \hat{e} \quad (*)$$

$\frac{dL}{dt} \neq 0$, 角冲量大小改变

如果只实现方向改变:

$$\vec{L} = -L\omega \hat{e}$$



只实现方向改变, 力矩与角动量之间有严格的匹配关系, 否则将改变 L

正如维持圆周运动的向心力一样

正如维持圆周运动的向心力一样

$$\vec{F} = -p\omega \hat{e}$$