

# simple harmonic motion

1° 弹簧

$$F = -kx$$

$$F = ma = m \frac{d^2x}{dt^2}$$

$$m \frac{d^2x}{dt^2} + kx = 0$$

trial solution

$$\omega_0 = \sqrt{\frac{k}{m}}$$

问: 将弹簧竖着会怎样?

$$x_1 = \cos \omega_0 t \rightarrow \cos(\omega_0 t + \phi)$$

$$x_2 = \sin \omega_0 t \rightarrow \sin(\omega_0 t + \phi)$$

$$x = Ax_1 + Bx_2$$

linear superposition

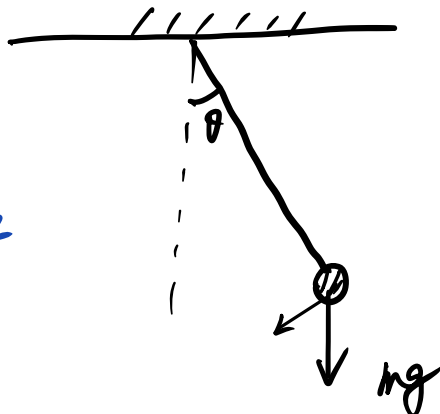
如果用

$$x = A e^{i\omega_0 t} + B e^{-i\omega_0 t}$$

组合, 则有  $A = B^*$

$x$  是实数

2° simple pendulum



此处可用力矩

$$-mg l \sin \theta$$

$$= I \ddot{\theta}$$

$$= ml^2 \frac{d^2 \theta}{dt^2}$$

tangent force:

$$-mg \sin \theta$$

$\theta$  的正方向是逆时针

$$-mg \sin \theta = ma = m \frac{d^2 \vec{r}}{dt^2}$$

$$= m l \frac{d^2 \theta}{dt^2}$$

$$\theta \rightarrow 0$$

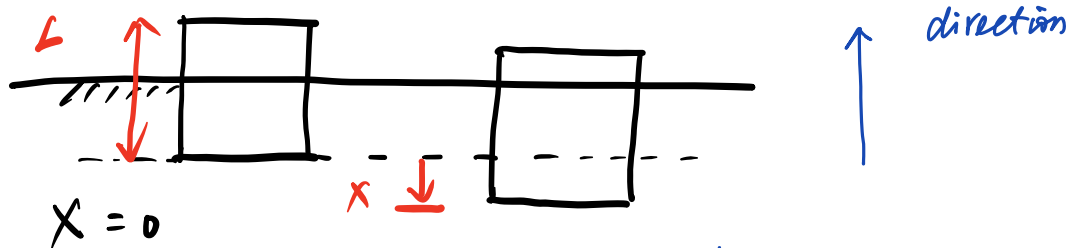
$$m l \frac{d^2 \theta}{dt^2} + mg \theta = 0$$

$$\frac{d^2 \theta}{dt^2} + \frac{g}{l} \theta = 0$$

$$\omega_0 = \sqrt{\frac{g}{l}}$$

$$T = \frac{2\pi}{\omega_0} = 2\pi \sqrt{\frac{l}{g}}$$

3° floating block



buoyancy / 'boiansi

浮力

$$X=0 : \vec{F}_b + \vec{F}_g = 0$$

$$X \neq 0 : \vec{F}_b + \vec{F}_g = \rho_l g (-x) A \propto A$$

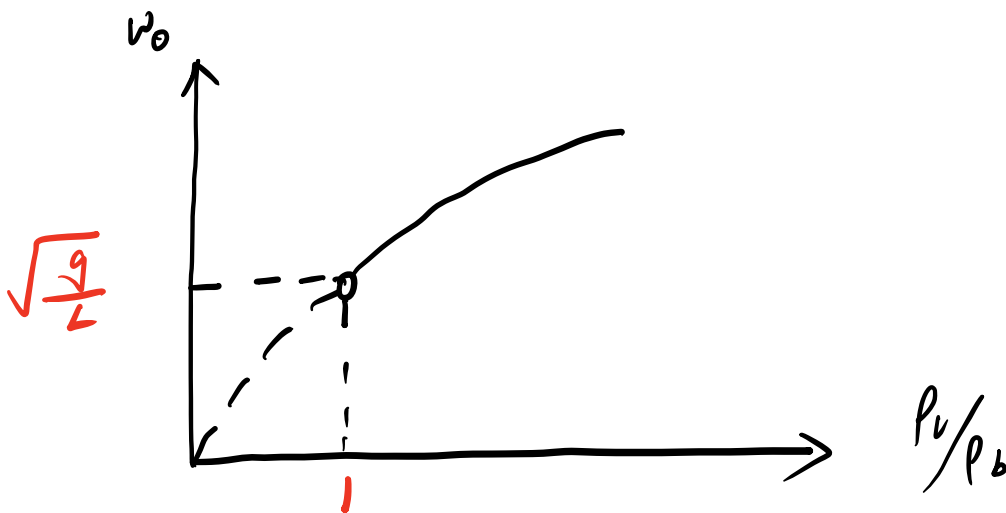
↓  
bottom surface

EOM : eqn of motion

$$\rho_l g(-x) \lambda = \rho_b \lambda L a = \rho_b \lambda L \frac{d^2x}{dt^2}$$

$$\frac{d^2x}{dt^2} + \frac{\rho_l}{\rho_b} \frac{g}{L} x = 0$$

$$\omega_0 = \sqrt{\frac{\rho_l}{\rho_b} \frac{g}{L}}$$



what about  $\rho_l/\rho_b < 1$  ?

I. Conserved energy =

$$\frac{dx}{dt} \quad X = A \cos(\omega_0 t + \phi)$$
$$V = -A \omega_0 \sin(\omega_0 t + \phi)$$

$$\begin{aligned} & \frac{1}{2} k x^2 + \frac{1}{2} m v^2 \\ & \frac{1}{2} m \omega_0^2 A^2 \cos^2(\omega_0 t + \phi) \\ & \frac{1}{2} m A^2 \omega_0^2 \sin^2(\omega_0 t + \phi) \\ & = \frac{1}{2} m A^2 \omega_0^2 = \text{const} \end{aligned}$$

$$E_p + E_k = E$$

Although the conservation of energy is NOT as powerful as Newton's EOM, it remains valid even when Newtonian mechanics fails :)

II. SHM in phase space  
 $\equiv x - p$  space

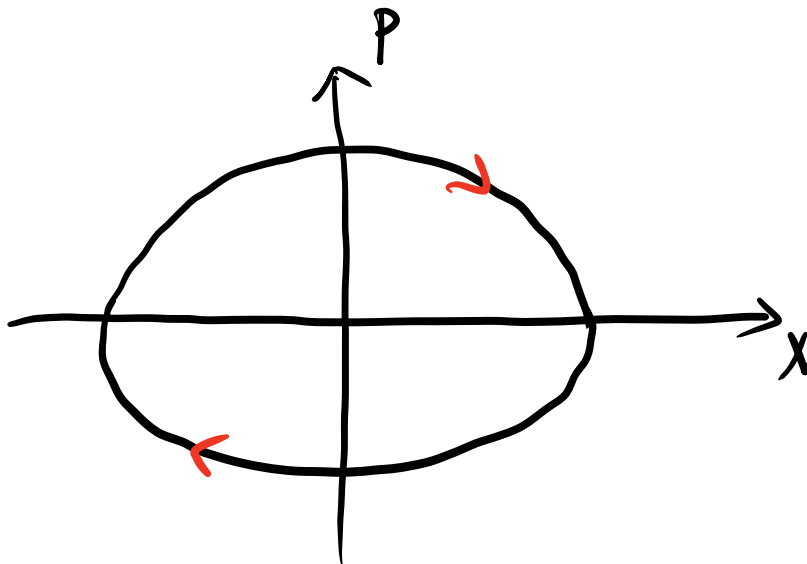
$$\frac{p^2}{2m} + \frac{1}{2} k x^2 = E \Rightarrow$$

$$\frac{p^2}{2mE} + \frac{x^2}{2E/k} = 1$$

the trajectory in the phase space is  
an ellipse!

$$\left(\frac{p}{p_0}\right)^2 + \left(\frac{x}{x_0}\right)^2 = 1$$

$$p_0 = \sqrt{2mE}, \quad x_0 = \sqrt{2E/k}$$



$$\oint p dx = ?$$

area of the ellipse

$$= \pi p_0 x_0$$

$$= \pi \sqrt{2mE} \sqrt{2E/k}$$

$$= 2\pi E / \omega_0$$

classical mechanics : energy change continuously

quantum world :

$$\oint p dx = (n + \frac{1}{2}) h$$

$n = 0, 1, 2, 3, \dots$  quantized

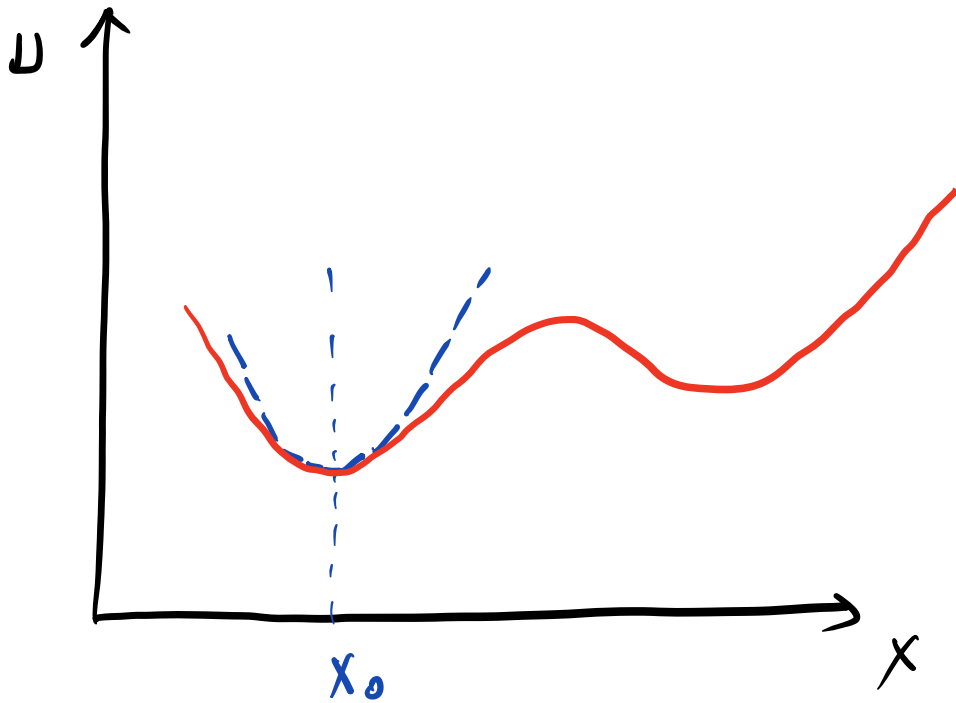
$$2\pi E / \omega_0 = (n + \frac{1}{2}) h$$

$$E = (n + \frac{1}{2}) \hbar \omega_0 \quad \hbar \equiv \frac{h}{2\pi}$$

$\frac{1}{2} \hbar \omega_0$  : zero-point energy

III. Why simple harmonic motion  
is so common in nature?

potential profile



$$U(x) = U(x_0) + \frac{1}{2} k (x - x_0)^2$$

$$F(x) = - \frac{dU(x)}{dx}$$
$$= - k (x - x_0)$$

Hooke's law again:

$x_0$ : the stable equilibrium point

as long as  $(x - x_0)$  is small,  
the dynamics is roughly

$$x - x_0 = A \cos(\omega_0 t + \phi)$$

— SHM is everywhere !!